

Most of what I really need to know about how to live, and what to do, and how to be, I learned in Kindergarten.

Robert Fulghum

All I Need to Know I Learned in Kindergarten





**Welcome to Arroyo Vista K-8  
Kindergarten Round-Up  
Home of the Wildcats**



# Meet your Teachers

**April Corona**

**Laura Gates**

**Tammy Trainor**



# Is my child ready for Kindergarten?

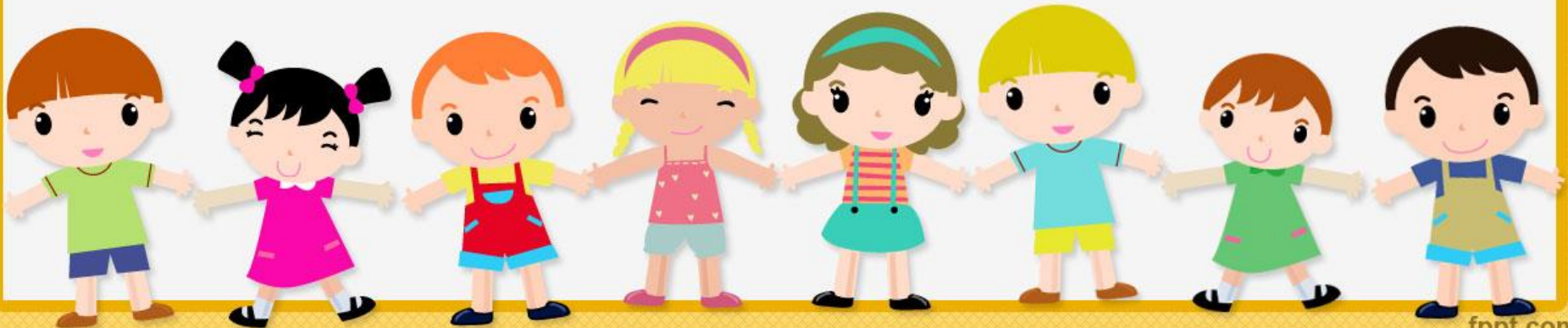
- Child must be five years old by September 1, 2022
- School Readiness is most important in ensuring your child has a successful school career:
  - Personal Habits, Skills
  - Motor Development
  - Speech, Attention, Social



# Life Skills

**Students should be practicing these skills prior to coming to kindergarten:**

- ✓ Tying shoes
- ✓ Zipping, snaps, buttons
- ✓ Taking care of own needs when coughing/sneezing
- ✓ Washing hands
- ✓ Carrying own tote bag (materials)





# Life Skills

**Students should be practicing these skills prior to coming to kindergarten:**

- ✓ **Share everything**
- ✓ **Play fair**
- ✓ **Put things back where you found them**
- ✓ **Clean up your own mess**
- ✓ **Say you're sorry when you hurt somebody**
- ✓ **Wash your hands before you eat**
- ✓ **Flush**



# What are we going to learn?

All subjects are taught throughout the Kindergarten day. . .

- ✓ Language Arts
- ✓ Math
- ✓ Health/Science
- ✓ Social Studies
- ✓ Physical Education

All materials utilized are CUSD adopted and meet California guidelines and regulations.



# What is the Kindergarten schedule?

<b>8:15</b>	<b>Arrival</b>
	<b>Language Arts</b>
<b>9:55-10:15</b>	<b>Recess</b>
	<b>Math</b>
<b>11:05-11:35</b>	<b>Lunch/Recess</b>
	<b>Science, Social Science</b>
<b>1:20-1:40</b>	<b>Recess</b>
	<b>Exploration Education</b>
<b>2:25</b>	<b>Dismissal</b>





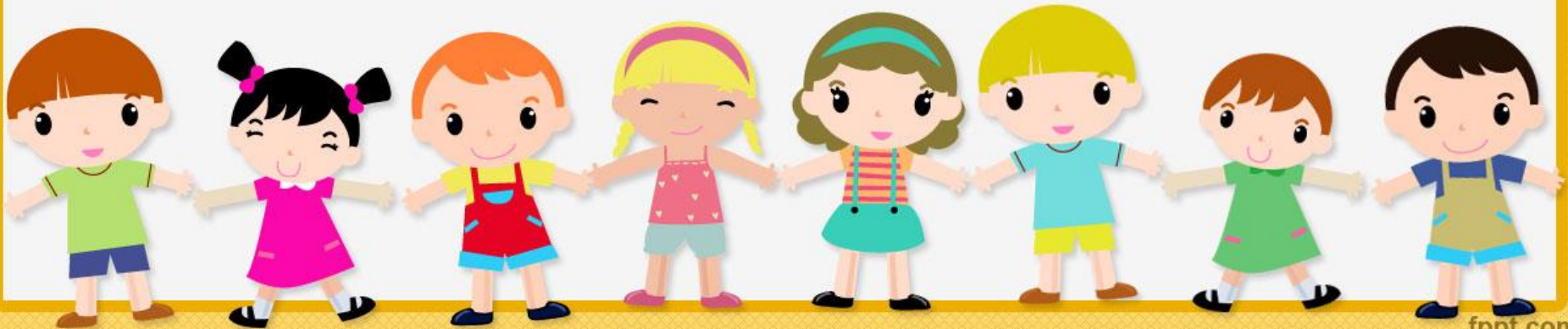
# What Can I do to help prepare my child for kindergarten?

- ✓ Read to your child.
- ✓ Provide a quiet area/time for schoolwork.
- ✓ Ask “why” when your child wants something.
- ✓ Use the word “because” after “no” or “not tonight”.
- ✓ Encourage questions and explore answers.
- ✓ Explain and discuss issues or problems in your house (leaky faucet), neighborhood (dog barking all night), and community (cars cannot be parked on street after midnight).
- ✓ Compare how things are alike and different (books, movies, food, etc.).
- ✓ Limit technology.



# School and Your Child's Health

Kindergarten Orientation



# Health at School

## When to keep your child home

- Temperature of 100.4
- Vomiting and/or diarrhea
- Undiagnosed rash
- Unusually red eyes with drainage (not allergy related)





# Medication at School

- Requires doctor's order/parent consent form
- Should be dropped off by parent to front office
- Must be in original container with pharmacy label
- Kept in a locked cabinet in the health office



# Report of Health Examination

Complete after February 16, 2022

- CUSD recommends this be completed before entry into Kindergarten or 1st grade
- Blank form is in kindergarten packet
- Can be completed at same time as a well child visit

State of California—Health and Human Services Agency

Department of Health Care Services  
Child Health and Disability Prevention (CHDP) Program

### REPORT OF HEALTH EXAMINATION FOR SCHOOL ENTRY

To protect the health of children, California law requires a health examination on school entry. Please have this report filled out by a health examiner and return it to the school. The school will keep and maintain it as confidential information.

**PART I TO BE FILLED OUT BY A PARENT OR GUARDIAN**

CHILD'S NAME—Last First Middle BIRTH DATE—Month/Day/Year

ADDRESS—Number, Street City ZIP code SCHOOL

**PART II TO BE FILLED OUT BY HEALTH EXAMINER**

**HEALTH EXAMINATION**  
NOTE: All tests and evaluations except the blood lead level must be done after the child is 4 years and 3 months of age.

REQUIRED TEST/EVALUATIONS	DATE (mm/dd/yy)
Health History	/ /
Physical Examination	/ /
Dental Assessment	/ /
Nutritional Assessment	/ /
Developmental Assessment	/ /
Vision Screening	/ /
Audiometric (hearing) Screening	/ /
TB Risk Assessment and Test, if indicated	/ /
Blood Test (for anemia)	/ /
Urine Test	/ /
Blood Lead Test	/ /
Other	/ /

**IMMUNIZATION RECORD**  
Note to Examiner: Please give the family a completed or updated yellow California Immunization Record. Note to School: Please record immunization dates on the blue California School Immunization Record (PM 295).

VACCINE	DATE EACH DOSE WAS GIVEN				
	First	Second	Third	Fourth	Fifth
POLIO (OPV or IPV)					
DTAP/DTP/DTPa (diphtheria, tetanus, and acellular pertussis) OR (tetanus and diphtheria only)					
MMR (measles, mumps, and rubella)					
HB MENINGITIS (Haemophilus influenzae B) (Required for child care/preschool only)					
HEPATITIS B					
VARICELLA (Chickenpox)					
OTHER (e.g., TB Test, if indicated)					
OTHER					

**PART III ADDITIONAL INFORMATION FROM HEALTH EXAMINER (optional) and RELEASE OF HEALTH INFORMATION BY PARENT OR GUARDIAN**

**RESULTS AND RECOMMENDATIONS**  
Fill out if patient or guardian has signed the release of health information.  
 Examination shows no condition of concern to school program activities.  
 Conditions found in the examination or after further evaluation that are of importance to schooling or physical activity are: (please explain)

I give permission for the health examiner to share the additional information about the health check-up with the school as explained in Part III.  
 Please check this box if you do not want the health examiner to fill out Part III.

Signature of parent or guardian \_\_\_\_\_ Date \_\_\_\_\_  
Name, address, and telephone number of health examiner \_\_\_\_\_  
Signature of health examiner \_\_\_\_\_ Date \_\_\_\_\_

PM 171 A (2007) (Bilingual) CHDP website: [www.dhcs.ca.gov/behavioral/CHDP](http://www.dhcs.ca.gov/behavioral/CHDP)



# Immunizations



- Students must be fully immunized before entering kindergarten
- You must show proof of immunization when registering your child
- Exceptions include a permanent medical exemption or a temporary medical exemption





# Kindergarten Immunization Requirements

Polio

4 Doses

3 doses ok if one dose was given on or after fourth birthday

DTAP

5 Doses

4 doses ok if one dose was given on or after fourth birthday

MMR

2 Doses

Must be given on or after first birthday

Hep. B

3 Doses

Varicella

2 Doses



# Immunization Law Changes for 2021-22 Year

Beginning January 1, 2021, doctors will use an electronic form available through the California Immunization Registry (CAIR). CAIR is a secure computer system that is already used across California that stores children's immunization (shot) records. The doctor can send the form to the child's parent or school, or the school can access the form through CAIR directly. Schools can only accept medical exemptions on the CAIR form. If you have questions or concerns about CAIR's system or forms, please contact your District Nurse.



# Hearing and Vision



- Students will have their hearing and vision screened in kindergarten
- This a state mandated requirement
- Subsequent screenings are done in 2nd, 5th and 8th grade





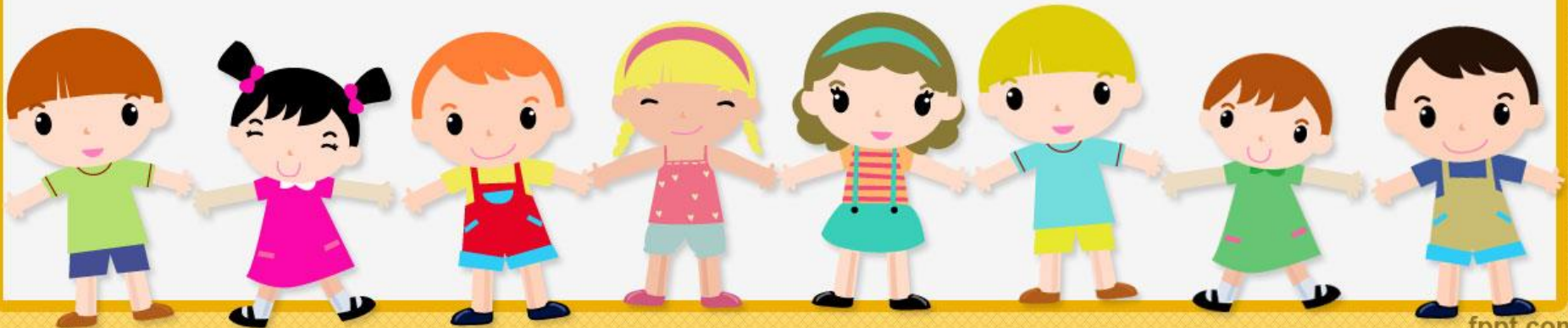
# Specialized Health Needs

## Action Plans

- Food Allergy Action Plan
- Insect Allergy Action Plan
  - Asthma Action Plan

Forms are available from school health office

Contact district nurse for other medical need or accommodations



# Who is in the Health Office?

Marisa Orozco, LVN

8:00am-2:00pm

[mrorozco@capousd.org](mailto:mrorozco@capousd.org)



# We look forward to supporting your child!

Kathie Kellman RN, MSN

District Nurse

Office

949-234-9568

[kekellman@capousd.org](mailto:kekellman@capousd.org)





# YMCA

**6:45 AM to 6:00 PM**  
**Before and after school care**  
**On site**  
**Fee based**

**Director: Cierra Wran**  
**Phone: (949) 589-8502**  
**[cwran@ymcaoc.org](mailto:cwran@ymcaoc.org)**



# Message from the Director

Hello,

My name is Cierra Wran and I am the director of the Arroyo Vista YMCA. Our YMCA is a non-profit, licensed facility and our classrooms are conveniently located on campus (the first level of the two story building) in classroom 26 & 27.... We are open year round; during most holidays and school closures. Once your child is 4.9 years old, they can begin attending the YMCA in summer for our exciting summer program





# Registration & Info

If you would like to reserve a spot or would like more information, please feel free to contact me via email or phone. We are a fee-based program offering full-time to part-time options. In order to hold a spot, submit your \$50.00 registration fee today! We look forward to a successful 2022-2023 school year with your family and we want to welcome you to Arroyo Vista YMCA, where we build strong kids, strong families, and strong communities. Thank you!





# ARROYO VISTA PTA

## Fund the following programs:

Meet the Masters K-5

Assemblies K-8

\$150 for each Teacher to spend on supplies

Recycling

Celebration Book Club

Planners – 3-8<sup>th</sup>

Family Fun Nights

Yearbook

Care N Share

Plus much more.....



# Support the Arroyo Vista PTA

Welcome to our wonderful AV school community! Every fall, the PTA has a Membership Drive.

Please keep in mind that membership does not equate with volunteering.

By becoming a PTA Member, you are simply supporting all of the service and enrichment programs that the PTA provides for your children.



## WHERE YOUR MEMBERSHIP DOLLARS GO:

Ability Awareness Day

Red Ribbon Week

Grade Level Assemblies

Grade Level Field Trips

Middle School Grants

Meet the Masters Art Program

Accelerated Reader Program

Kids Run the OC Marathon Health and Fitness Program

Science Fair

Yearbooks

Family Fun Nights

Celebration Book Club

Parent Education Nights

Technology Enhancements in classrooms and MPR's Outdoor Sound System

(in partnership with EFC)





*This fall, when your child brings home the  
“PTA Welcome Packet,”  
please become PTA Members so that you, too, can be a part  
of continuing these amazing programs for our children!*

Thank you and please contact me with any questions or to let  
me know if you would like to volunteer on any of our  
committees!

**Sarah Draper, AVPTA President**  
**[arroyovistaptapres@gmail.com](mailto:arroyovistaptapres@gmail.com)**



# When is the first Day of School?

Teacher placement on Monday, August 15 via Parent Portal

## First Day of School:

**Tuesday, August 16, 2022**

Kindergarten Parent-Child Orientation

8:15am-9:28am

(Parents stay)



# At what age can we start?

## Eligible Age for Kindergarten for 2022-2023 school year. . .

5 years old on or before  
September 1, 2022

## Eligible Age for First Grade for 2022-2023 school year. . .

6 years old on or before  
September 1, 2022





# I'm ready! Sign me up!

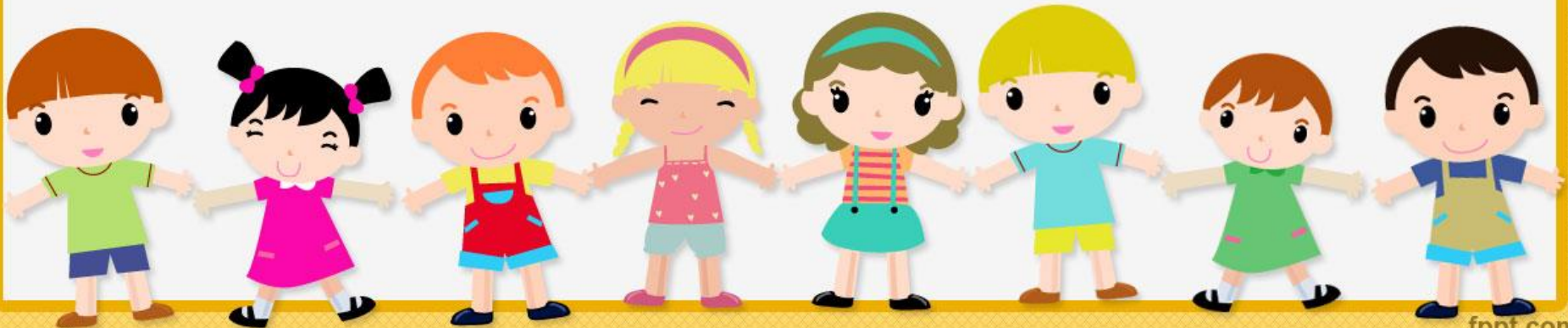
**Registration starts online**

**Linked from the Arroyo Vista K-8 website**

**<https://avk8-capoused-ca.schoolloop.com>**

**Click on Enrollment on home screen**

**Print out documents and bring to school site  
between 8:30-2:00**



# Registration is as easy as 1, 2, 3

- ✓ Access the Online Registration
- ✓ Print out documents and bring to school site
- ✓ Bring ALL required documents to the office

Proof of Immunizations

Proof of residency (2)

Child's birth certificate

Supplemental Kindergarten Documents



**Thank you for coming to our  
Kindergarten Roundup!**

**We look forward to seeing you in the fall!**

